# Texas A&M Pre-Medical Society Volunteering Opportunities

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2024-2025

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### **Weekly Volunteering!**

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#### Phoebe's Home

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What: Play with kids while their mothers are in group counseling.

When: Thursdays 5:00pm-6:30pm

Where: 2505 S College Ave, Bryan, TX 77801



#### Brazos Valley Food Bank

What: Sort or box food donations that will go to children, families, and seniors in need.

When: Saturdays 8:00am-10:00am <u>OR</u> 10:00am-12:00pm <u>OR</u> 1pm-3pm

\*check calendar/flare\*

Where: 1501 Independence Ave #1501, Bryan, TX 77803

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### **General Volunteering**

Fill out "Individual Volunteering" Request in Flare

#### The Boy's and Girl's Club

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What: Spend time with kids in an after-school program (playing, helping with homework, etc.)

When: M-Th 3:00pm-7:00pm, F 3:00pm-6:00pm

Where: 1910 Beck St, Bryan, TX 77803

Proof pictures MAY NOT have any kids in them (Take them at the sign in, outside the building, etc.)

Must complete online registration/orientation on following page:



### The Boy's and Girl's Club Instructions

#### (All Virtual)

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• Follow the link to the volunteer registration/background check. Link: <u>https://www.flipcause.com/secure/event\_step2/MTM4Miky/143956</u>

• While your background check is being processed, please share the reference link with 2 individuals to whom you are not related to. This can be a colleague, friend, coworker, etc.

Provided below is the form to share with your references of choice. Please ask your references to have this complete within 2-3 days of submitting your background check.

Link: Boys & Girls Clubs of the Brazos Valley Volunteer Reference Check 2024 (google.com)

- Mandatory Safety Training: Upon opening the link, follow the instructions to register. After you register, our Director of Safeties and Facilities will receive a notification and give you access (Allow 2 business days for this to be completed). Upon logging into your personal BGCA.net account, you will need to click on the "Spillett University" tab and then "Spillett Leadership University" for training. This will direct you to the Spillett University training platform. Once here, you will be given video training options. Please <u>search in the search icon</u> (located in the top right corner) for the training video titled, "Child Sexual Abuse Prevention" and watch the 45-minute video.
- Link: https://www.mybgca.net/registration
- Once you have completed the video, you can print out your certificate and bring it to the boy's and girl's club office or email it to their volunteer coordinator at: <u>rbroades@bgcbv.org</u>.
  - Email a copy of the certificate to me (<u>mldickey@tamu.edu</u>) and I will add you to the GroupMe where the Sign-Ups will be posted

### **Clinical Volunteering**

Fill out "Individual Volunteering" Request in Flare

• Acara Hospice

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- Parc at Traditions
- Allumine Hospice
- Bluebonnet Hospice

Join at any point in the semester!

See individual descriptions and registration processes below:



What: Volunteer visiting patients and attending activities/games at the facility

**Parc at Traditions** 

When: All days of the week!

Where: 3095 Club Dr, Bryan, TX 77807

Steps:

- No sign up requirements!
- Join GroupMe: https://groupme.com/join\_group/96581425/6202jYEi
- MUST wear pre-med shirt
- Send in the GroupMe in advance the day and time you would like to come

Any questions, DM Krystle on GroupMe or call the main Parc number: (979) 213-4200



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### **Acara Hospice**

What: 1-on-1 patient or administrative volunteer

When: varies!

Where:

- office: 601 Graham Rd, College Station, TX 77845
- Volunteer assignment locations may vary **Steps:** 
  - Contact volunteer coordinator Lauren:
    - Text: 979-229-5761 or email: Lauren@acarahospice.com
  - Go to an in-person orientation (about 2 hours)
  - Get a skin TB test done by one of their nurses, get it checked after one week

Group orientations are being held at the beginning of the semester if enough people are interested o



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### **Allumine Hospice**

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#### What:

- 1 on 1 patient assignments
- Facility activity volunteering
- Some shadowing opportunities from their nurses and physicians! When: All days of the week!

#### Where:

- Office location: 1144 Midtown Dr, College Station, TX 77845
- Volunteer assignment locations may vary

#### Steps:

- Attend orientation (2 hours in person)
- skin TB test (provided), unless you have one from the last 12 months
- Complete online training videos, contact their volunteer coordinator when completed

Group orientations are being held at the beginning of the semester if enough  $_{\circ}$  people are interested

### **Bluebonnet Hospice**

What: Visit patients and attend activities/games at the facility When: All days of the week!

Where:

- Office: 1721 Birmingham Rd Suite 206, College Station, TX 77845
- Volunteering assignment locations may vary

#### Steps:

- Complete application, orientation, and online training/quizzes
- Provide negative skin TB test, drivers license, car insurance (if applicable)



Group orientations are being held at the beginning of the semester if enough people are interested

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#### Fill out "Group Volunteering" Request in Flare

### **Other Affiliations**

<u>A Reason to Dream</u> - Headed by Haley!

What: Help elementary to high school aged kids in Hearne with homework

When: Saturdays 12pm-1pm \*check calendar\*

Where: Hearne, TX (specific location varies)

CARPOOL

What: Student-run 501(c)(3) non-profit organization serving the Bryan/College Station community with free rides home \*<u>Application Required</u>\*

When: Biweekly Wednesdays, 7pm-8:30pm

Where: Rudder Tower 302

#### <u>VOOM</u>

What: Student organization dedicated to improving healthcare for underserved communities in Nigeria

More Info: https://www.voomfoundation.org/texas-am-ambassadors.html



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Fill out "Individual Volunteering" Request in Flare

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## Other Individual ° Volunteering Opportunities

There are tons of community volunteering opportunities out there!

In general, if an opportunity is **open to the public** and has no application **deadlines** or special **requirements** (like needing to speak a certain language or being part of a specific group), it will count for individual volunteering points in our society.

If you're ever unsure about whether something qualifies or just want to check, feel free to reach out to me—I'm here to help!

I really want you all to get involved in what you're passionate about, even if it's outside the society, and still earn points!

Some other organizations we would offer points for (but not limited to):

- Health for All
- Big Brothers Big Sisters of the Brazos Valley
- Scotty's House
- Aggieland Humane Society

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- <u>Dress code</u> for volunteering opportunities is Pre-Med shirt and pants (or shorts if it is outside and/or hot), unless otherwise specified by the volunteering organization!
- <u>Proof pictures</u> for individual volunteering MAY NOT have any residents or kids in them (Take them at sign in, outside the building, etc.)
- <u>Points</u>: 2 points/hour of group volunteering, 1 point/hour of individual volunteering.
- <u>Extra point</u> for giving a ride to a volunteering! (1 point per person driven)

Any further questions, feel free to email me!

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mldickey@tamu.edu

There will be many one-time volunteer opportunities as well which I will share as they come around, so stay tuned for those and get volunteering!!!

### **Extra Opportunities!**

(These are not partnerships with the pre-med society or have certain limitations to volunteering access, so you won't earn points)

#### **BCS Prenatal Clinic**

The Prenatal Clinic's mission: helping women have healthy babies! Volunteers are required to complete an application. Job-like clinical volunteering in various departments within the hospital. An application must be filled out prior to the semester of interest. More information <u>here</u>.

St. Joseph's

### Baylor Scott and White

Job-like clinical volunteering in the hospice (similar to St. Joseph's). An application must be filled out prior to the semester of interest.